

Benefit News

Remember to keep Aetna updated on other health insurance to expedite your claims processing!

You may be covered on your spouse's plan as well as your plan through PCS. Your children may be covered on both parent's health insurance. Or, you and your dependents may not have any other health insurance covering you. The point is that situations change, and Aetna needs to have your updated information so that your claims are paid quickly and accurately. Failure to update your information may cause a delay in your claims being paid. Please update your health insurance information yearly. It's easy to do through the Aetna member website at: <https://www.aetnapcsb.com/>. On the home page of your Aetna member website you will find the first letter of your first name on the top right of the page. Click the letter, then click on Account Settings. When the "my profile" page opens, click on the "Your Other Insurance" icon. Complete the information and click through the process until finished.

HealthCare Bluebook Website Update

Saving money and finding high-quality care just got easier. Healthcare Bluebook has updated their website to be easier and simpler to use. [New Year, New You.](#)

Retirement News

It is Time to Start Planning for Retirement!

Regardless of whether you are a new hire or nearing retirement the [Risk Management Roadmap to Retirement](#) is a helpful tool to prepare for what lies ahead. Now is the time to create a plan of action and put it to work. Preparation is the key to success as you make your best effort to plan for your future.

Coming Soon: We are in the process of preparing Retirement videos that will be available on the PCS Retirement website.



Wellness News

EAP: [Goal Setting](#)

Many people set resolutions of what they 'hope' will happen. People who set goals go beyond 'hope'. Goal setting provides a benchmark for you to measure your success. Without goals, you lack focus and direction. This article provides 15 steps for setting goals for success.

2021 Spring Wellness Webinars

Throughout the spring semester there will be a variety of different wellness webinars including nutrition, EAP, Financial Webinars, Yoga classes and more! Employees must register for these webinars. Full list of webinars and details can be found on [Wellness District Campaigns](#).

Upcoming webinars

1/26 5:00pm – *Organize & Simplify Your Life: EAP* - [Register](#)

1/28 5:30pm – *Guided Meditation: Yoga Nidra* - [Register](#)

Employee Discounts

[PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB

[Tickets at Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more.
Company code: PCS